

A Commitment of Words

We commit to using our words to
defend and heal, not to harm.

We will not gossip. We will not belittle.

We will **guard our sisters**
by always speaking the best about them,
encouraging them into all God would have them to be,
and offering grace instead of condemnation.

We will be **loyal and loving**,
remembering that even if we disagree, we still fight
on the same side—never against each other.

We will use our words to **build up**
and not tear down, to **bring hope** and not hurt.

We offer our words as a powerful weapon to fight for each other
on the side of all that is **good, right, and true.**

SIGNATURE

You're Already Amazing LifeGrowth Guide by Holley Gerth